

Just as our regular Utopia menu, we prepare our Kid's menu items with the same carefully chosen ingredients and passion for healthy food!

"Nutritionist approved for growing, healthy kids"

## SIZES

All meals are available in 2 sizes.

Calories:

	<u>Small</u>	<u>Large</u>
Breakfast:	250	350
Lunch/Dinner:	350	500

## BREAKFAST

\$4/ \$5

### Hashbrown casserole

*Cage-free eggs and cheesy hashbrowns*

### Egg and cheese Utopadilla

*Quesadilla for breakfast? Yes!*

### Ricotta pancakes

*With a homemade strawberry sauce*

### Angel food french toast

*With a fresh berry and honey sauce*

### Steel cut oats

*Served in various rotating flavors*

## LUNCH & DINNER

\$5 / \$7

### Spaghetti & turkey meatballs

*With our homemade tomato basil sauce*

### Baked chicken fingers

*With our healthy "Maxaroni and cheese"*

### Lean beef hamburger

*Filled with quinoa, with baked cheese fries*

### Open face chili cheeseburger

*Served over mashed potatoes*

### Zesty sloppy joe

*Served over mashed potatoes, w/ broccoli*

### Utopiadillas

*Choose between cheese, chicken & steak*

### Turkey meatloaf

*With mashed potatoes, green beans*

**No heating required**

### Breaded Chicken Strip Wraps

*Available in Buffalo or Ranch*

### Peanut Butter & Fruit Utopadilla

*Quesadilla inspired by PBJs*

## SNACKS

### Chips

\$2.50

*Made from chickpeas, you won't believe these chips are good for you!*

### Fresh baked muffins

\$4

*Multiple flavors, or get a variety pack*

### Pudding with real fruit

\$3.50

*Chocolate & strawberry or banana*