

Just as our regular Utopia menu, we prepare our Kid's menu items with the same carefully chosen ingredients and passion for healthy food!

"Nutritionist approved for growing, healthy kids"

SIZES

All meals are available in 2 sizes.

Calories:

	<u>Small</u>	<u>Large</u>
Breakfast:	250	350
Lunch/Dinner:	350	500

BREAKFAST

\$4/ \$5

Hashbrown casserole

Cage-free eggs and cheesy hashbrowns

Egg and cheese Utopadilla

Quesadilla for breakfast? Yes!

Ricotta pancakes

With a homemade strawberry sauce

Angel food french toast

With a fresh berry and honey sauce

Steel cut oats

Served in various rotating flavors

LUNCH & DINNER

\$5 / \$7

Spaghetti & turkey meatballs

With our homemade tomato basil sauce

Baked chicken fingers

With our healthy "Maxaroni and cheese"

Lean beef hamburger

Filled with quinoa, with baked cheese fries

Open face chili cheeseburger

Served over mashed potatoes

Zesty sloppy joe

Served over mashed potatoes, w/ broccoli

Utopiadillas

Choose between cheese, chicken & steak

Turkey meatloaf

With mashed potatoes, green beans

No heating required

Breaded Chicken Strip Wraps

Available in Buffalo or Ranch

Peanut Butter & Fruit Utopadilla

Quesadilla inspired by PBJs

SNACKS

Chips

\$2.50

Made from chickpeas, you won't believe these chips are good for you!

Fresh baked muffins

\$4

Multiple flavors, or get a variety pack

Pudding with real fruit

\$3.50

Chocolate & strawberry or banana